



YOUR HEALTHY FAST-FOOD OPTION featuring locally sourced and clean ingredients

KEY: Gluten Free = GF / Vegan = V

✓ Meets the Live-Memorial-Well community partner program guidelines. SCAN TO LEARN MORE



SOUPS

- ✓ RED LENTIL & KALE SOUP - GF, V
- ✓ BUTTERNUT SQUASH SOUP - GF, V
- CREAMY TOMATO - GF

SALADS

- SPINACH LASAGNA - GF
- ✓ QUINOA & BLACK BEAN SALAD - GF, V
- TUNA SALAD - GF
- MEDITERRANEAN COUSCOUS SALAD
- CURRIED CHICKEN SALAD - GF
- ALMOND CHICKEN SALAD - GF
- ✓ BULGAR TABOULI - V
- ✓ EGGLESS TOFU "EGG" SALAD - GF, V
- ✓ VEGAN BAKED MACARONI & CHEESE - GF, V

SIDES

- ✓ DOLMAS (STUFFED GRAPE LEAVES) - GF, V
- ✓ SESAME NOODLES - V

BURRITOS & SANDWICHES

TRY OUR NEW SUNDRIED TOMATO BASIL TORTILLAS!

- CHICKEN CILANTRO RICE BURRITO
- ✓ VEGAN BLACK BEAN BURRITO - V
- BREAKFAST BURRITOS
- HUMMUS WRAP ON LAVASH BREAD
- ✓ VEGAN HUMMUS WRAP ON LAVASH BREAD - V
- TUNA WRAP

SNACKS & DIPS

- ✓ HEMPSEED ENERGY BITES - V
- ✓ HUMMUS - GF, V
- ✓ ROASTED GARLIC HUMMUS - GF, V
- ✓ MEDITERRANEAN SNACK PACK - V

DESSERTS

- ✓ CACAO FUDGE - GF, V

