

HERB DOC CONSULTING SERVICES

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Welcome to Herb Doc Consulting

I believe that much of Western health care leaves out a vital member of the Health care team—the client. At Herb Doc Consulting, we include the client in our team of experts because we believe the client is the expert on what is happening in their body, mind and spirit. By addressing health concerns with a team approach, the client receives the most comprehensive care available in a single setting. Because we work as a team, we are able to include the client in seeking optimal health in all areas of her/his life—physical, emotional and spiritual.

REQUESTED INTAKE INFORMATION

We appreciate you taking the time to review this information, complete the enclosed forms and supply us with the items requested below. Please fax or mail the requested information back to us one (1) week in advance of your scheduled appointment. Please do not mail original copies to us as they may be lost in the mail. Thank you.

Here's a checklist to help you gather this information effectively.

Please fill out the enclosed forms completely

- Informed Consent Form
- Health History

Please supply us with the following:

- Most recent CBC blood work panel and any other lab results relevant to your diagnosis.
- Baseline CBC or other blood work taken at time of diagnosis
- 3-day journal of all your meals, snacks and beverages. Include the times of day eaten.
- List of medicines, herbs and vitamins you are taking.

CANCER CLIENTS, please include the following additional materials:

- Surgical reports
- Pathology reports
- Any tumor markers or receptor reports where applicable
- Most recent X-ray, CT scan, bone scan, MRI and PET scan reports. (Do not send films, just the reports.)

